

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



TELMA PATTERN DESCRIPTION

Telma is a straight-cut dress with a slightly accentuated waist, an extended shoulder line and long, set-in shirt sleeves. The delicate boat neck is finished with a stretch stitch, which allows to wear Telma off one shoulder. The dress is below-knee length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	9–8	25	10	7–6
inches	3 1/2–3 1/8	9 7/8	3 7/8	2 3/4–2 3/8

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Center back length, cm	Sleeve length including shoulder width, cm
1 (154–160)	109	63–64.5
2 (162–168)	113	65–66.5
3 (170–176)	117	66.5–68.5
4 (178–184)	121	68.5–70.5

Height, ft	Center back length, in	Sleeve length including shoulder width, in
1 (5'1"–5'3")	42 7/8	24 3/4–25 3/8
2 (5'4"–5'6")	44 1/2	25 5/8–26 1/8
3 (5'7"–5'9")	46 1/8	26 1/8–27
4 (5'10"–6'1")	47 5/8	27–27 3/4

SUGGESTED FABRIC

To sew this dress, choose knit fabrics with the following properties: medium weight, soft, stretchy (with elastane).

The fiber content can include:

- natural fibers (cotton, wool)
- blends (containing synthetic and/or artificial fibers): cotton + polyester + elastane, wool + polyester + elastane
- synthetics (polyester, polyester + elastane).

The photos in this instruction manual demonstrate two versions of the Telma dress: the green one is made of the knit fabric, which is a blend of wool and polyester, while the terracotta dress is made of thick French terry, which is a blend of cotton and elastane.

PATTERN PIECES LIST

1. From main fabric:

- front — cut 1 on fold
- back — cut 1 on fold
- sleeve — cut 2.

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

Attention! The instructions below are applicable if you sew the dress from stretchy knit fabric.

If you decide to sew with thick French terry or any other low-stretch knit fabric, you'll have to add a slit at the bottom of the side seam for the ease of movement. Refer to page 17 for the instructions.

2. From interfacing:

- cut two strips on the bias to interface the shoulder seam allowances. The strips should be 1 cm (3/8") wide and 10–12 cm (3 7/8–4 3/4") long each. When interfacing, make sure the strip reinforces the shoulder seam, but does not pull it.

Additionally, cut two interfacing strips, 1 cm (3/8") wide and 20–25 cm (8–10") long each, to interface the slit seam allowances (if you sew with thick French terry). The interfacing strips should be cut on the straight grain.

SEAM ALLOWANCES

All pattern pieces include the seam allowances as follows:

- front and back neckline — 1.5 cm (5/8")
- sleeve hem allowance — 1.5 cm (5/8")
- garment hem allowance — 4 cm (1 5/8")
- all other edges — 1 cm (3/8").

Take this into account when laying out the pattern pieces on the fabric.



Place the front and back pieces right sides together and align the side edges.

Please note that the side seam section from the armhole to the waistline notch is longer on the front than on the back. Ease in the longer section by pressing.

Match the notches. Pin and hand-baste the side edges. Stitch on the overlocker, with the back piece facing up.



Press the side seams flat (ease in slightly if the seams are wavy). Press the seam allowances towards the front.



Fold each of the sleeves in half lengthwise, right sides together, pin along the underarm edges, and hand-baste.



Stitch on the overlocker, with the front of the sleeve facing up.