

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the most detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com - we are always there to help.



MILANA PATTERN DESCRIPTION

Milana is a close fitting dress with an accentuated waist. The shaping on the top front is achieved with bust and waist darts, as well as a center seam. The front features a seam situated 5cm above the natural waist, and the back bodice is shortened and is composed of two sections which tie together to form a bow with long tails. The back skirt is not attached to the back bodice and has a curved elasticated gathered waistline. Both the front and the back have a V neckline with flounces. The flounces are at their widest around the shoulder seams, and taper to their narrowest at the center front and back. The bottom of the dress also features a flounce. Milana is above-knee length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

Bust ease (diff. for each size), cm	Waistline ease (diff. for each size), cm	Hipline ease, cm
1.3-3.8	14.8-17.6	9.5-13.6

GARMENT LENGTH

Height, cm	Garment length at the back from waist down (diff. for each size), cm
1 (154-160)	41.8-46.3
2 (162-168)	44.8-49.3
3 (170-176)	47.8-52.3
4 (178-184)	50.8-55.3

SUGGESTED FABRIC

To sew this dress, choose woven fabrics with the following properties:

- Lightweight to medium weight, structured, non-stretch
 - The fiber content can include natural fibers (silk, cotton, linen), artificial (viscose), blends (cotton + viscose, etc), and synthetic (polyester)
 - The following fabrics are recommended: sateen, poplin, linen, eyelet, opaque cotton shirting, batiste
- For the lining, we recommend the following materials: cotton shirting, poplin, batiste.

The dress on the photo is made in 100% cotton eyelet fabric. This fabric is medium weight and has no stretch. The lining is shirting fabric, the fiber content is 100% cotton.

TOOLS AND EQUIPMENT

- Sewing machine for construction
- Overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2-3mm, stitch length 2.5mm)
- Bodkin for threading elastic through a channel (may be replaced with a safety pin)
- Stitch-in-the-ditch foot for your sewing machine (optional)

PATTERN PIECES LIST

1. From main fabric:

- Front bodice - cut 2
- Back bodice - cut 2
- Front skirt - cut 1
- Back skirt - cut 1
- Front neckline flounce - cut 2
- Back neckline flounce - cut 2
- Front skirt flounce - cut 1
- Back skirt flounce - cut 1
- Back tie - cut 2

2. From lining:

- Front bodice - cut 2
- Back bodice - cut 2
- Front skirt - cut 1
- Back skirt - cut 1
- Armscye bias binding - cut 2

Additionally, cut binding strips from the lining fabric for binding the skirt side seams and the flounce seam allowances. The binding strips are cut on the crosswise grain.

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

SEAM ALLOWANCES

All pattern pieces include 1cm seam allowances. Take this into account when laying out pattern pieces on the fabric.



Press the waist darts flat.



Press the darts towards the center front.



Press the bust darts flat.