

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com - we are always there to help.



CINDY PATTERN DESCRIPTION

Cindy is a high-waisted lined dress. The waist seam sits above the natural waistline. The back bodice is shaped with waist darts. Sizes 36, 38, and 40 in heights 146, 152, and 158 also include bust darts. The dress has a round neckline at the front and a V-neckline at the back. The short puffed set-in sleeves are pleated and gathered at the cap and hem. There is an elastic casing at the bottom of the sleeve. The full skirt is pleated and gathered at the waist. The dress closes with an invisible center back zipper. Cindy is above-knee length.



IMPORTANT!

We suggest opening the file with PDF 24 READER. Adobe Acrobat Reader may have errors opening the file due to the pattern size.

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Chest ease	Waistline ease	Upper arm ease
cm	3.6–4.1	5.6–11.2	29.9–35.5
inches	1 3/8–1 5/8	2 1/4–4 3/8	11 3/4–14

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Garment length from waist down (estimated), cm	Sleeve length (lining), cm
98	27.2	18.7
104	30.1	20.1–20.3
110	33–33.3	21.7–21.8
116	36–36.2	23–23.2
122	39.1	24.5–24.9
128	41–42.1	24.9–25
134	44	26–26.1
140	45.8–46	27.1–27.2
146	49.7–49.8	28.5–28.6
152	52–52.1	28.5–29.6
158	54.6–54.7	32.1–32.2

Height, in	Garment length from waist down (estimated), in	Sleeve length (lining), in
38.5	10 3/4	7 3/8
41	11 7/8	7 7/8–8
43.25	13–13 1/8	8 1/2–8 5/8
45.5	14 1/8–14 1/4	9–9 1/8
48	15 3/8	9 5/8–9 3/4
50.5	16 1/8–16 5/8	9 3/4–9 7/8
52.75	17 3/8	10 1/4
55	18–18 1/8	10 5/8–10 3/4
57.5	19 5/8	11 1/4
60	20 1/2	11 1/4–11 5/8
62.25	21 1/2	12 5/8

PATTERN PIECES LIST

1. From main fabric (organza):

- sleeve – cut 2
- sleeve lining – cut 2
- front skirt – cut 1 on fold
- back skirt – cut 2.

2. From main fabric (satin):

- front bodice – cut 1 on fold
- back bodice – cut 2.

3. From lining fabric:

- skirt lining – cut 1 on fold
- front bodice – cut 1 on fold
- back bodice – cut 2
- zipper bias binding – cut 1
- armhole bias binding – cut 2
- waist seam bias binding – cut 1
- sleeve casing – cut 2.

***IMPORTANT!** Don't forget to transfer all the notches from the pattern to your fabric.*

4. From interfacing:

- front bodice – cut 1 on fold
- back bodice – cut 2.

Also from interfacing, cut 2 strips, 2cm (3/4") wide, to interface the center back seam allowances on the skirt lining. Cut the strips on the straight grain (parallel to the selvedge).

SEAM ALLOWANCES

The following pieces include 1.5cm (5/8") seam allowances along the center back seam:

- back bodice
- back bodice lining
- skirt lining
- back skirt.

The seam allowance on all other edges is 1cm (3/8"). Take this into account when laying out pattern pieces on the fabric.



Use the markings transferred from the pattern to match the dart legs on the back bodice. Pin the darts and stitch on the sewing machine, backstitch at both ends of the seam.

Steam-press the darts – press the darts flat.

For sizes 36, 38, and 40 in heights 146, 152, and 158 there is an additional bust dart on the front bodice. Finish the bust darts the same way.



Press the dart toward the center.



Place the front and back bodice pieces right sides together, align the shoulder and side edges. Pin and stitch on the sewing machine, backstitching at both ends of the seam.