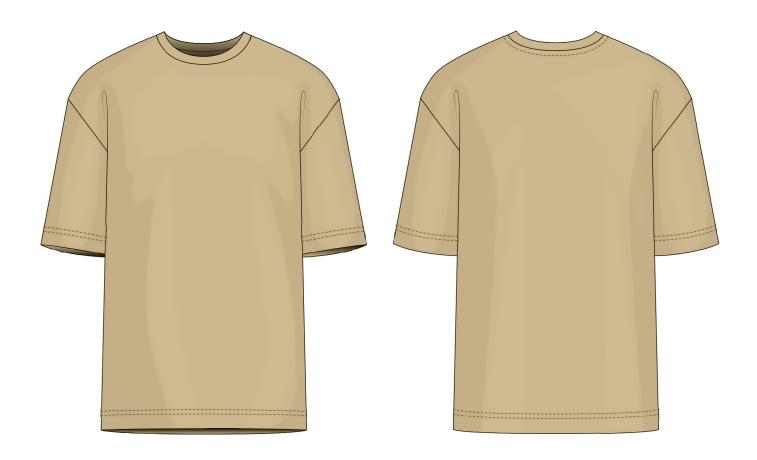# FROM THE FOUNDER
OF THE #VIKISEWS BRAND

Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the most detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com - we are always there to help.

MARC PATTERN DESCRIPTION

Marc is a men's t-shirt with a loose fit and a straight cut. The t-shirt features dropped shoulders and short set-in sleeves. The crew neck is finished with a band. Marc is hip-length.

IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Chest ease	Waistline ease	Hipline ease	Upper arm ease
cm	19.5	31.5	10-20	15
inches	7 5/8	12 3/8	4 - 8	6

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Garment length, cm	Sleeve length, cm
1 (170-176)	71	24
2 (178-184)	74	24
3 (186-192)	77	26
4 (194-200)	80	28

Height, ft	Garment length, in	Sleeve length, in
1 (5'7" - 5'9")	28	9 1/2
2 (5'10" - 6')	29 1/8	9 1/2
3 (6'1" - 6'3")	30 3/8	10 1/4
4 (6'4" - 6'7")	31 1/2	11

SUGGESTED FABRIC

To sew this t-shirt, choose knit fabrics with the following properties:
• medium-weight, soft, medium stretch
• the fabric content can include natural (cotton), artificial (viscose), blends (cotton + polyester, cotton + elastane, viscose + elastane, etc.), and synthetic fibers (polyester, polyester + elastane)
• the following fabrics are recommended: cotton jersey, interlock knits, pique, lightweight French terry.

The t-shirt in the photo is made in cotton jersey. This fabric is medium-weight and has very little stretch. The fabric content is cotton (95%) and elastane (5%).

SEAM ALLOWANCES
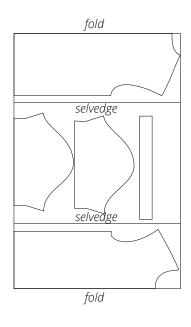
All pattern pieces include seam allowances as follows:
• garment hem allowance – 3 cm (1 1/8")
• sleeve hem allowance – 3 cm (1 1/8")
• all other seams – 1 cm (3/8").
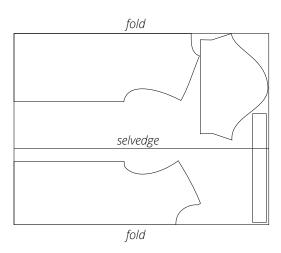Take this into account when laying out pattern pieces on the fabric.

CUTTING LAYOUT

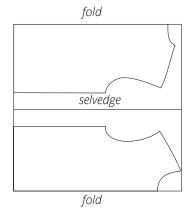Main fabric with a directional print, 180 cm (70") wide, with two folds, for sizes 38-40 in all heights

Main fabric with a directional print, 180 cm (70") wide, with two folds, for sizes 42-50 in all heights
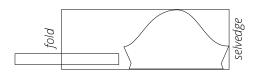

Main fabric with a directional print, 180 cm (70") wide, to be cut-out in two parts, for sizes 52-54 in all heights

1st part: with two folds

2nd part: with one fold
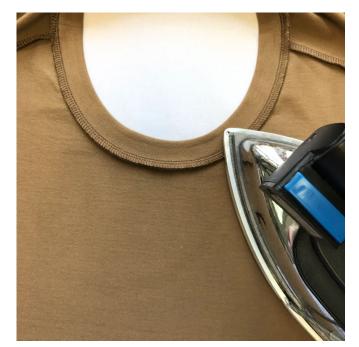

READY? LET'S GET SEWING!

Fold the neckband in half lengthwise, wrong sides together. Press flat. When pressing and steaming the neckband, do not press too hard to prevent stretching it out.

Join the folded neckband with the neckline of the garment, right sides together. Match the seam on the neckband with either of the shoulder seams. Match the notches, pin, and baste the neckband into the neckline while ensuring the ease is evenly distributed.

Check if the neckband is correctly inserted into the neckline - it should lay flat. If the neckband does not lay flat, shorten it and baste in place again.

Stitch the neckband into the neckline on the overlocker with the neckband piece facing up.

Press the seam flat, and then press the seam allowances toward the garment.

Press and steam the neckband of the t-shirt to form an even curved edge.