

FROM THE FOUNDER OF THE #VIKISEWS BRAND

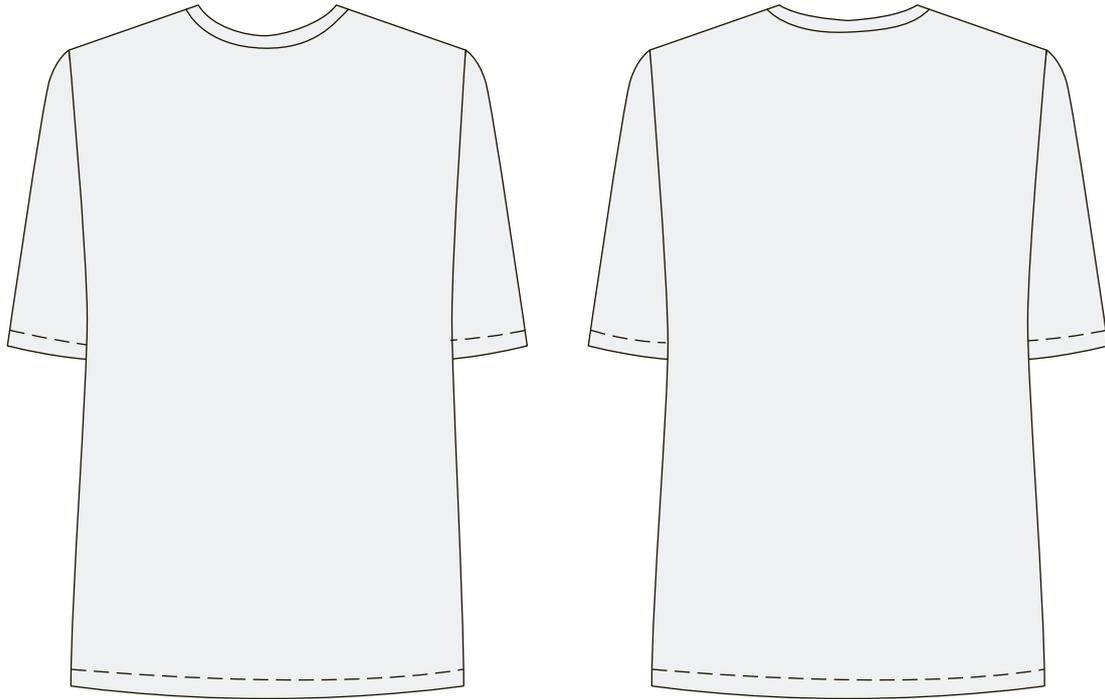


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



ALYA PATTERN DESCRIPTION

Alya is a basic T-shirt with a loose fit and a straight silhouette, a set-in sleeve, and a crew neck finished a band. Alya is mid hip-length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL WEARING EASE

| Bust ease, cm | Waistline ease, cm | Hipline ease, cm | Upper arm ease, cm |
|------------------|-----------------------|---------------------|-----------------------|
| 12,6-16,7 | 32,7-36,7 | 6,8-10,9 | 7,5-10 |

T-SHIRT LENGTH, SLEEVE LENGTH

| Height, cm | Back length including neckband width, cm | Sleeve length, cm |
|-------------|---|-------------------|
| 1 (154-160) | 61,7-62,2 | 20,5 |
| 2 (162-168) | 64,7 | 21,5 |
| 3 (170-176) | 67,7 | 22,5 |
| 4 (178-184) | 70,7 | 23,5 |

TOOLS AND EQUIPMENT

- Overlocker for construction and for finishing raw edges. It may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2-3mm, stitch length 2.5mm)
- Coverstitch or coverlock machine to finish the hem. If you don't own a coverstitch machine, you can finish the hems with a twin needle on your sewing machine
- Sewing machine for stitching small pieces and attaching twill tape

When sewing knit fabrics, it's recommended to use specialty needles for knits (such as ballpoint, stretch, super stretch, jersey, etc.). These needles have a rounded tip which allows the needle to pass in between the loops instead of piercing the threads.

PRINTED PATTERN LAYOUT

PATTERN PIECES LIST

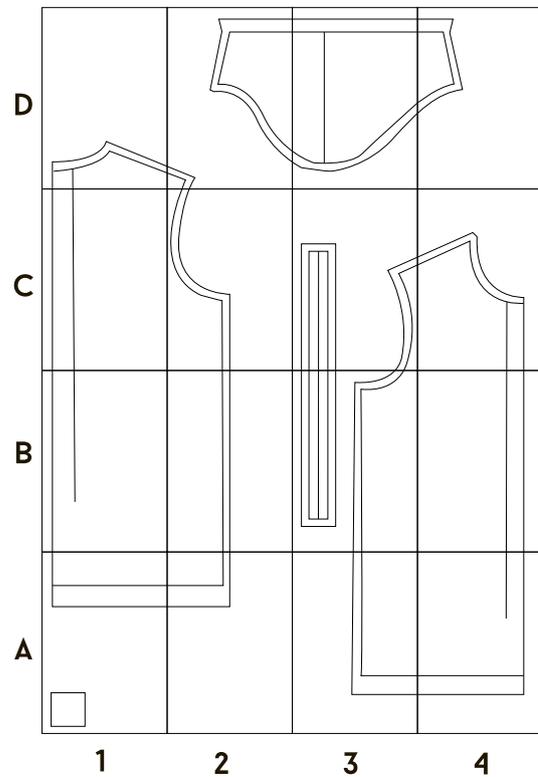
1. From main fabric:

- Front – cut 1 on fold
- Back – cut 1 on fold
- Sleeve – cut 2
- Neckband – cut 1

2. From interfacing:

- Back shoulder seam allowance

Interface the back shoulder seam allowances with 0.5cm wide strips of interfacing (measure the length from the pattern piece).



IMPORTANT!

Don't forget to transfer all pattern markings and notches onto the fabric.



Press the seams flat on a sleeve board, then press the seam allowances towards the front.



Insert the sleeves into the armholes, right sides together and match all notches. Baste the sleeves, aligning the armhole and sleeve edges. Stitch on the overlocker on the sleeve side.



Press the seams flat, then press the seam allowances towards the sleeve.



Fold the neckband piece in half right sides together, align the short edges, baste, and then stitch on the sewing machine. Backstitch at the beginning and end.

Press the seam flat, then press the seam allowances open. Trim the seam allowances down to 5mm, as shown on the photo.