

FROM THE FOUNDER OF THE #VIKISEWS BRAND

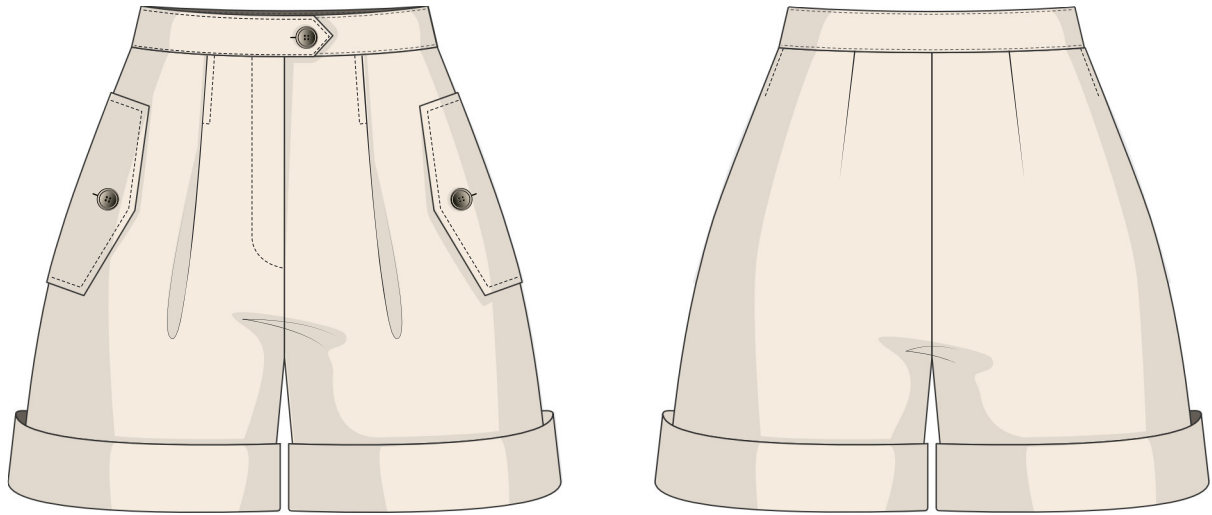


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



RUTH PATTERN DESCRIPTION

Ruff is a pair of straight-cut, semi-fitted shorts with front pleats at the waistline and side seam pockets with flaps. The back is fitted with waist darts. The waistband has a V-shaped overlap at the front and fastens with a hook and bar on the inside. The shorts feature cuffs at the bottom and close with a fly front zipper. The waistband and pocket flaps close with buttons and buttonholes. The upper edge of the waistband sits at the natural waistline. The waistband, upper section of the side seams, pleats and flaps feature decorative topstitching. The garment is mid-thigh length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

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TOTAL EASE ALLOWANCE

	Waistline ease	Hipline ease
cm	5	20.7–21.4
inches	2	8 1/8–8 3/8

GARMENT LENGTH

Height, cm	Side seam length including waistband, cm	Height, ft	Side seam length including waistband, in
1 (154–160)	38.6–50.1	1 (5'1"–5'3")	15 1/4–19 3/4
2 (162–168)	41.4–50.1	2 (5'4"–5'6")	16 1/4–19 3/4
3 (170–176)	44.2–50.1	3 (5'7"–5'9")	17 3/8–19 3/4
4 (178–184)	47–50.1	4 (5'10"–6'1")	18 1/2–19 3/4

FINISHED HEM WIDTH

Size	34	36	38	40	42	44	46	48	50	52
Width, cm	33.95– 34.45	34.8– 35.4	36.35– 37.75	36.65– 37.3	37.7– 38.35	38.5– 39.3	39.4– 40.25	40.35– 42.05	41.2– 42.05	42.05– 42.95
Width, in	13 3/8– 13 5/8	13 3/4– 13 7/8	14 1/4– 14 7/8	14 3/8– 14 5/8	14 7/8– 15 1/8	15 1/8– 15 1/2	15 1/2– 15 7/8	15 7/8– 16 1/2	16 1/4– 16 1/2	16 1/2– 16 7/8

SUGGESTED FABRIC

To sew the shorts, choose suiting fabrics with following properties:

- medium weight, soft, non-stretch, structured
- the fiber content can include natural fibers (wool, cotton, linen, silk), artificial fibers (viscose), blends (wool + silk, wool + polyester, cotton + viscose, etc.), and synthetics (polyester, polyester + elastane)
- the following fabrics are recommended: denim, fine wale corduroy, cotton, linen

Attention! We do not recommend stretchy knit fabrics and lightweight sheer fabrics (chiffon, organza, stretch lace).

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- buttonhole foot for the sewing machine
- stitch-in-the-ditch foot for the sewing machine (optional)
- zipper foot for the sewing machine

PATTERN PIECES LIST

1. From main fabric:

- left front waistband — cut 2
- right front waistband — cut 2
- back waistband — cut 2 on fold
- pocket facing — cut 2
- fly shield — cut 1 on fold
- cuff — cut 2
- pocket flap — cut 4
- pocket bag — cut 2
- back leg — cut 2
- front leg — cut 2

***IMPORTANT!** Don't forget to transfer all pattern notches onto the fabric.*

2. From lining fabric:

- pocket bag — cut 2

3. From interfacing:

- left front waistband — cut 2
- right front waistband — cut 2
- back waistband — cut 2 on fold
- pocket flap — cut 2

Additionally, cut two 1.5 cm (5/8") wide strips of straight-grain fusible stay tape to interface pocket opening seam allowances. The interfacing grainline goes lengthwise (along the selvedge).

SEAM ALLOWANCES

All pattern pieces include seam allowances: 1 cm (3/8") for all edges. Take this into account when laying out the pattern pieces on the fabric.



Press the front pleats flat and then towards the center front.



Press the back darts flat and then towards the crotch seam.



Topstitch at 7 mm (1/4") from the pleat seam on each of the front pieces using topstitching thread. Use a stitch length of 4 mm. Press the stitching line.