

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



ESTHER PATTERN DESCRIPTION

Esther is a close-fitting dress. It features a waist seam, bust darts transferred into the side seams, and waist darts both on the front bodice and back bodice. The short set-in sleeve is gathered at the sleeve cap, and the skirt is gathered along the waistline. The dress features a deep square neckline and fastens with buttons and buttonholes at the center front. Esther is midi length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

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TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	5–5.8	4.3–4.4	26–39	7.6–11.1
inches	2–2 1/4	1 3/4	10 1/4–15 3/8	3–4 3/8

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Garment length, cm	Sleeve length, cm
1 (154–160)	75.6	
2 (162–168)	78.6	23.1–24.3
3 (170–176)	81.6	24.1–25.3
4 (178–184)	84.6	25.1–26.3
		26.1–27.3
Height, ft	Garment length, in	Sleeve length, in
1 (5'1"–5'3")	29 3/4	9 1/8–9 5/8
2 (5'4"–5'6")	31	9 1/2–10
3 (5'7"–5'9")	32 1/8	9 7/8–10 3/8
4 (5'10"–6'1")	33 1/4	10 1/4–10 3/4

SUGGESTED FABRIC

To sew this dress, choose dress-weight fabrics with the following properties:

- medium weight, with good drape, soft, non-stretch or with very little stretch, opaque
- the fiber content can include natural fibers (silk), artificial fibers (viscose), blends (silk + polyester, polyester + viscose, etc.), and synthetics (polyester, polyester + elastane)
- the following fabrics are recommended: dress-weight viscose, crepe satin, challis, tencel, linen, cotton, cotton eyelet fabric

Attention! We do not recommend stretchy knit fabrics and lightweight sheer fabrics (chiffon, organza, stretch lace).

The garment in the photo is made of 100% viscose. The fabric is medium weight, with good drape, soft and non-stretch.

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

3. Interfacing — 0.6 m (5/8 yd) for all sizes in all heights

4. Bias-cut fusible stay tape, for all heights:

Size	34	36	38	40	42	44	46	48	50	52
Length, m	1.62	1.66	1.7	1.75	1.8	1.84	1.88	1.93	1.97	2.1
Length, yd	1 3/4	1 7/8	1 7/8	1 7/8	2	2	2	2 1/8	2 1/8	2 1/4

5. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker)

6. Buttons, 1–1.2 cm (3/8–1/2") in diameter, 17 pcs.

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- stitch-in-the-ditch foot for the sewing machine (optional)
- buttonhole foot

PATTERN PIECES LIST

1. From main fabric:

- front bodice — cut 2
- back bodice — cut 1 on fold
- strap — cut 4
- back neck facing — cut 1 on fold
- front facing — cut 2
- sleeve — cut 2
- front skirt — cut 2
- back skirt — cut 1 on fold

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

2. From interfacing:

- back neck facing — cut 1 on fold
- front facing — cut 2

SEAM ALLOWANCES

All pattern pieces include seam allowances as follows:

- sleeve hem and garment hem — 2 cm (3/4")
- all other edges — 1 cm (3/8")

Take this into account when laying out pattern pieces on the fabric.



Leave long thread ends at the dart point and hide them inside the dart bulk using a hand-sewing needle.



Press the darts flat.



Press the bust dart upwards.
Press the waist dart towards the center front.
Shrink out the fullness at the dart point by pressing.