

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

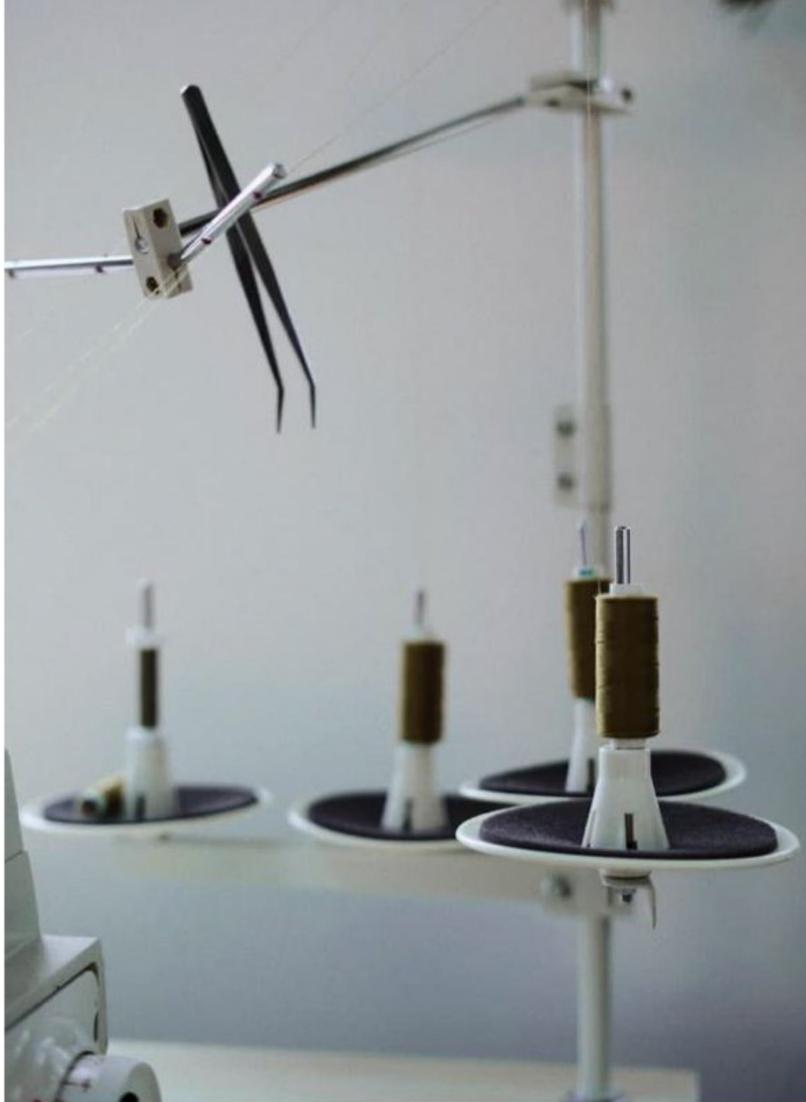
If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.



## CAITLIN PATTERN DESCRIPTION

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Caitlin is a close-fitting dress with an accentuated waist. It features a waist seam that sits above the natural waistline, a deep V-neckline with a flounce and flounce sleeves. The skirt is cut on the bias and has a gentle A-line shape. The front bodice is fitted with bust darts transferred to the side seams and waist darts. The back bodice is fitted with shoulder and waist darts. The front skirt features a yoke. Caitlin has flounces at the waist and at the yoke bottom. It fastens with an invisible zipper in the center back seam. The dress is finished with a free-hanging lining and is midi length.



## IMPORTANT!

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The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

## TOTAL EASE ALLOWANCE

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	Bust ease	Waistline ease	Hipline ease
cm	5.9–9.4	12.5–15.3	18.6–21.9
inches	2 3/8–3 3/4	4 7/8–6	7 3/8–8 5/8

## GARMENT LENGTH

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Height, cm	Garment length from waist down, cm	Height, ft	Garment length from waist down, in
1 (154–160)	82	1 (5'1"–5'3")	32 1/4
2 (162–168)	85	2 (5'4"–5'6")	33 1/2
3 (170–176)	88	3 (5'7"–5'9")	34 5/8
4 (178–184)	91	4 (5'10"–6'1")	35 7/8

## SUGGESTED FABRIC

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To sew this dress, choose dress-weight fabrics with the following properties:

- lightweight, fluid, soft, non-stretch or with very little stretch
- the fiber content can include natural fibers (silk, cotton), artificial fibers (viscose), blends (silk + polyester, cotton + viscose, etc.), and synthetics (polyester, polyester + elastane)
- the following fabrics are recommended: atlas, dress-weight viscose, natural silk, artificial silk, chiffon, crepe de chine, batiste

**Attention!** We do not recommend stretchy knit fabrics and structured fabrics (satin, organza).

For the lining, we recommend artificial fibers (viscose), blends (viscose + elastane, viscose + polyester), and synthetics (polyester, polyester + elastane).

The dress in the photo is made of chiffon. The fabric is lightweight, soft, with good drape and very little stretch. The fiber content is 100% natural silk.

The lining is polyester + elastane.

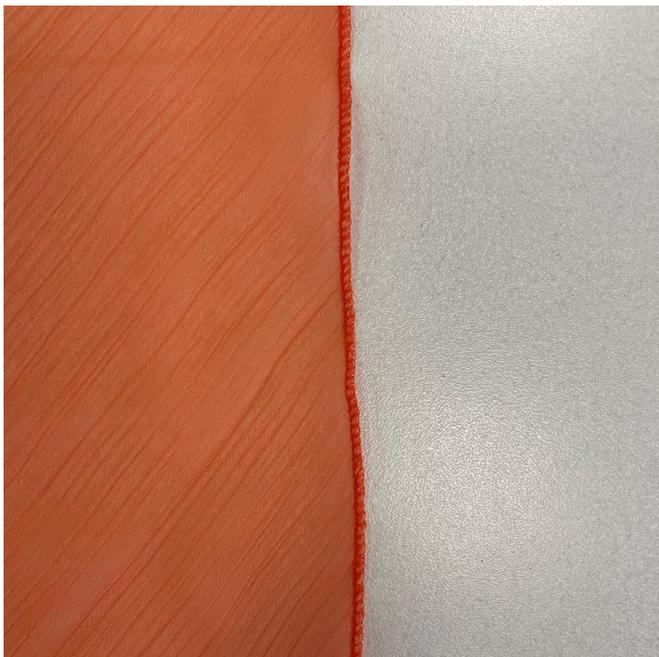
# PATTERN PIECES LIST

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## 1. From main fabric:

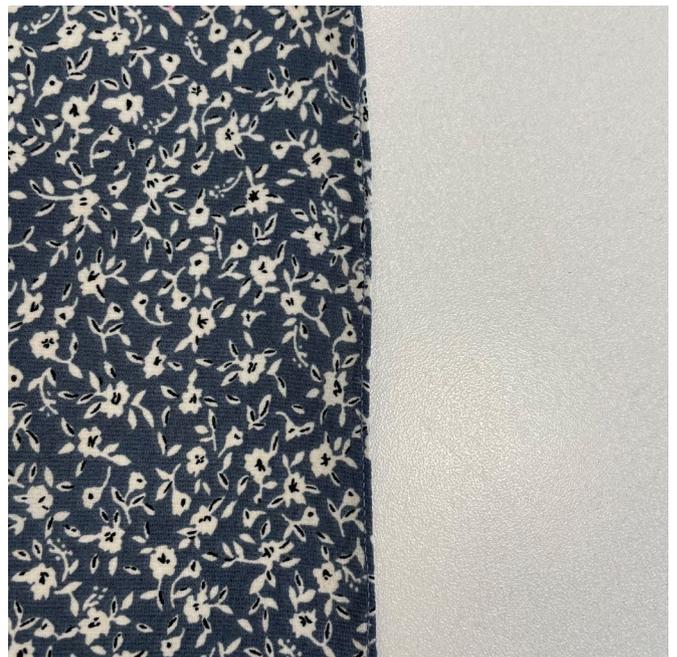
- front bodice — cut 2
- back bodice — cut 2
- back skirt — cut 2
- front skirt — cut 1
- front skirt yoke — cut 1
- front bodice armscye flounce — cut 2
- back bodice armscye flounce — cut 2
- neckline flounce — cut 2
- front bodice flounce — cut 1
- back bodice flounce — cut 2
- front skirt yoke flounce — cut 1
- neckband — cut 2
- waist seam bias binding — cut 1

***IMPORTANT!** When cutting out the flounces, trim off the seam allowances along the outer edges since these edges remain raw. In case you'd like to finish the flounce edges, leave a 1 cm (3/8") seam allowance and choose one of the following ways:*



### Rolled hem

Use the overlocker.



### Pin hem

Use the sewing machine.

## 2. From lining fabric:

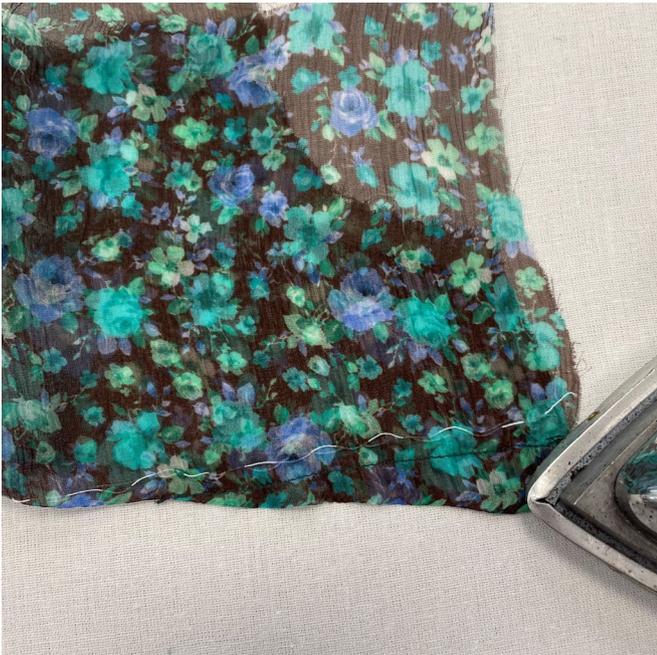
- front bodice — cut 2
- back bodice — cut 2
- back skirt — cut 2
- front skirt lining — cut 1 (part 1 + part 2)



**Attention!** Darts, side and shoulder edges of the outer shell are finished with French seams. Finished dart and seam allowances are 5 mm (just under 1/4") wide.

When working on the outer shell, do not backstitch, but instead tie knots at the beginning and end of the seams and either hide thread tails between the fabric layers or cut them off.

Pin all the darts on the right side of the front and back bodice pieces and baste. Chalk a line at 5 mm (just under 1/4") from the basting line (closer to the dart fold), baste the dart along the marked line, and machine-stitch.



Press the seam flat.



Trim the seam allowance down to 3 mm (1/8"). Remove the basting threads.